

LA SALLE CHARTER SCHOOL

BREAKFAST & LUNCH MENU

May 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST WG Low-Sugar Cereal Graham Crackers String Cheese Milk, Fat Free LUNCH WG- Chicken Strips Romaine Salad with Ranch Dressing Green Beans Milk, Fat Free	3 BREAKFAST Pancake Sausage Egg Patty Fruit Juice, Assorted Milk, Fat Free LUNCH Sloppy Joe On A Bun Corn On A Cob Jell-O with Fruit Milk, Fat Free	4 BREAKFAST WG Low-Sugar Cereal Strawberry Yogurt Graham Crackers Milk, Fat Free LUNCH WG- Chicken Strips Oven Roasted Potatoes Carrots Milk, Fat Free	5 BREAKFAST Egg Patty WG- Blueberry Muffin Fresh Fruit Milk, Fat Free LUNCH Santa Fe Wrap Fiesta Beans Chilled Fruit Milk, Fat Free	6 BREAKFAST WG Low-Sugar Cereal Bagel with Cream Cheese Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Grilled Cheese Sandwich Broccoli Teddy Grahams Milk, Fat Free 
9 BREAKFAST Egg Patty Biscuit Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Chicken Patty On a BUN Cowboy Corn Salad Annie's Crackers Fresh Fruit Milk, Fat Free	10 BREAKFAST WG-French Toast Stick WG Low-Sugar Cereal Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Sweet & Sesame Chicken Stir Fry Steamed Rice Green Beans Fresh Fruit/Seasonal Milk, Fat Free	11 BREAKFAST Pancake/ Sausage On A Stick WG- Low-Sugar Cereal Fresh Fruit Milk, Fat Free LUNCH Turkey Sandwich Broccoli with Ranch Dressing Fresh Fruit Milk, Fat Free 	12 BREAKFAST WG Low-Sugar Cereal Strawberry Yogurt Graham Crackers Milk, Fat Free LUNCH Finger Lickin Chicken Pork & Beans Corn Fruit Cup Milk, Fat Free	13 BREAKFAST Round Multigrain Waffle WG Low-Sugar Cereal Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Beef And Bean Burrito Romaine Salad with Italian Dressing Carrots Stick Fresh Fruit Milk, Fat Free
16 BREAKFAST WG Low-Sugar Cereal Egg Patty WG- Biscuit Fresh Fruit Milk, Fat Free LUNCH BBQ Chicken Baked Cinnamon Apples Green Peas Milk, Fat Free	17 BREAKFAST Pancake Sausage Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Toasted Ravioli Homemade Spaghetti W/Meat Fresh Greens Milk, Fat Free	18 BREAKFAST WG Low-Sugar Cereal Strawberry Yogurt Graham Crackers Fresh Fruit Milk, Fat Free LUNCH Chicken Nuggets Green Beans Peas Animal Crackers Milk, Fat Free	19 BREAKFAST Blueberry Muffin Egg Patty Fresh Fruit Milk, Fat Free LUNCH Deli Sub On WG Bun Baked Beans Fresh Fruit/Seasonal Graham Crackers Milk, Fat Free	20 BREAKFAST WG Low-Sugar Cereal Bagel with Cream Cheese Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Chicken Wrap Carrots Celery Sticks Milk, Fat Free
23 BREAKFAST Egg Patty WG- Blueberry Muffin Fresh Fruit Milk, Fat Free LUNCH Grilled Hamburger On A Bun Oven Roasted Potatoes Pineapple Chunks Milk, Fat Free 	24 BREAKFAST Pancake Sausage Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Chicken Strips Pork & Beans Fruit Annie's Crackers Milk, Fat Free	25 BREAKFAST WG Low-Sugar Cereal Strawberry Yogurt Graham Crackers Fresh Fruit Milk, Fat Free LUNCH Mostaccioli With Meat Green Beans Jell-O With Peaches Roll Milk, Fat Free	26 BREAKFAST WG-Low-Sugar Cereal Egg Patty Graham Crackers Fresh Fruit Milk, Fat Free LUNCH Pepperoni Pizza Wedge Carrot Sticks Peas Milk, Fat Free 	27 BREAKFAST WG Low-Sugar Cereal Bagel with Cream Cheese Fresh Fruit Fruit Juice, Assorted Milk, Fat Free LUNCH Chicken Strips Broccoli Fruit Milk, Fat Free
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