



LA SALLE CHARTER SCHOOL

BREAKFAST & LUNCH MENU

December 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>BREAKFAST Pancake/ Sausage On A Stick WG- Low-Sugar Cereal Fresh Fruit Milk, Fat Free</p> <p>LUNCH Hot & Spicy Chicken Patty Carrots Annie's Crackers Fruit Cocktail Milk, Fat Free</p>	<p>2</p> <p>BREAKFAST Egg Patty WG- Blueberry Muffin Fresh Fruit Milk, Fat Free</p> <p>LUNCH Home Roasted Turkey Breast Roasted Sweet Potatoes Green Beans Fresh Fruit Milk, Fat Free</p>	<p>3</p> <p>BREAKFAST Round Multigrain Waffle WG Low-Sugar Cereal Fresh Fruit Fruit Juice, Assorted Milk, Fat Free</p> <p>LUNCH WG- Bosco Stick Homemade Spaghetti Sauce Romaine Salad with Ranch Dressing Lemon Broccoli Milk, Fat Free</p>
<p>6</p> <p>BREAKFAST WG Low-Sugar Cereal Graham Crackers String Cheese Milk, Fat Free</p> <p>LUNCH WG- Chicken Strips Romaine Salad with Ranch Dressing Green Beans Chilled Fruit Milk, Fat Free</p>	<p>7</p> <p>BREAKFAST Pancake Sausage Egg Patty Fruit Juice, Assorted Milk, Fat Free</p> <p>LUNCH Sloppy Joe On A Bun Corn On A Cob Jell-O with Fruit Milk, Fat Free</p>	<p>8</p> <p>BREAKFAST WG Low-Sugar Cereal Strawberry Yogurt Graham Crackers Fresh Fruit Milk, Fat Free</p> <p>LUNCH WG- Chicken Strips Oven Roasted Potatoes Carrots Fresh Fruit Milk, Fat Free</p>	<p>9</p> <p>BREAKFAST Egg Patty WG- Blueberry Muffin Fresh Fruit Milk, Fat Free</p> <p>LUNCH Santa Fe Wrap Fiesta Beans Chilled Fruit Milk, Fat Free</p>	<p>10</p> <p>BREAKFAST WG Low-Sugar Cereal Bagel with Cream Cheese Fresh Fruit Fruit Juice, Assorted Milk, Fat Free</p> <p>LUNCH Grilled Cheese Sandwich Broccoli Teddy Grahams Fresh Fruit Milk, Fat Free</p>
<p>13</p> <p>BREAKFAST Egg Patty WG- Biscuit Fresh Fruit Milk, Fat Free</p> <p>LUNCH WG- Baked Chicken Patty On Bun Cowboy Corn Salad Fresh Fruit Annie's Cracker Milk, Fat Free</p>	<p>14</p> <p>BREAKFAST WG-French Toast Stick WG Low-Sugar Cereal Fresh Fruit Fruit Juice, Assorted Milk, Fat Free</p> <p>LUNCH Sweet & Sesame Chicken Stir Fry Steamed Rice Green Beans Fresh Fruit/Seasonal Milk, Fat Free</p>	<p>15</p> <p>BREAKFAST Pancake/ Sausage On A Stick WG- Low-Sugar Cereal Fresh Fruit Milk, Fat Free</p> <p>LUNCH Turkey Sandwich Broccoli with Ranch Dressing Fresh Fruit Milk, Fat Free</p>	<p>16</p> <p>BREAKFAST WG Low-Sugar Cereal Strawberry Yogurt Graham Crackers Milk, Fat Free</p> <p>LUNCH Finger Lickin Chicken Pork & Beans Corn Fruit Cup Milk, Fat Free</p>	<p>17</p> <p>BREAKFAST Round Multigrain Waffle WG Low-Sugar Cereal Fresh Fruit Fruit Juice, Assorted Milk, Fat Free</p> <p>LUNCH Beef And Bean Burrito Romaine Salad with Italian Dressing Carrots Stick Fresh Fruit Milk, Fat Free</p>
<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>
				
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>
				

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