



Safe Return to In-Person Instruction and Continuity of Services Plan

2022 - 2023

PLEASE NOTE: The contents of this plan are subject to frequent updates (at least every six months), due to changing circumstances and in alignment with guidance from public health authorities. Please visit the [La Salle Middle School](#) website for the most up-to-date information.

TABLE OF CONTENTS

TABLE OF CONTENTS	1
INTRODUCTION	2
2022-23 SCHOOL CALENDAR	3
INSTRUCTION	3
HEALTH AND SAFETY - AT A GLANCE	4
Vaccinations	4
Staff Health Screenings	4
Student Health Screenings	4
Arrival and dismissal procedures	5
Cohort	5
Face Coverings	5
Handwashing and Sanitizing	5
Respiratory Etiquette	5
When a Staff Person is identified with symptoms	6
When a student is identified with symptoms	6
When a Student/Staff Tests Positive for COVID-19	6
Test to Stay	6
CONTACT TRACING	8
CLEANING PROTOCOLS AND DISINFECTION	8
Building Operations and Cleaning and Disinfecting	8
REVIEW	9

INTRODUCTION

As students, teachers, staff, and essential visitors return to the school in the wake of the 2019 novel coronavirus disease (COVID-19) pandemic, La Salle Charter School reaffirms its continued commitment to maintaining a safe and healthy environment and to the additional measures taken to protect students, employees, families, and community members-at-large from the spread of COVID-19. There has been extensive research and consultation with the St. Louis City Department of Health, Department of Secondary Education, medical experts, and consultants specializing in many of the areas of concern (protective equipment, sanitization, contact tracing, etc.) to develop strategies to reopen the school while remaining safe.

We recognize that COVID-19 has, and continues, to affect our community in various ways, creating unique challenges including personal health risks, health risks of family members, the need to care for ill family members, childcare issues, food insecurity, increased stress, and more. For these reasons, the school's C.A.R.E. (COVID Action and Re-Entry Education) Planning Team has endeavored to establish a Safe Return to In-Person Instruction and Continuity of Services (SRCSP) plan while meeting the in-person needs of the school.

- ★ The SRCSP plan addresses health and safety protocols, in-person instruction, and cleaning and disinfecting guidelines. The following outlines key considerations:
- ★ Coordinate a timeline for reopening with local, state, and federal guidelines that consider capacity limits and physical distancing, staff reporting to work/school in phases, and necessary COVID-19 support services
- ★ Prepare facilities for reopening (signage, requisite markings, reconfiguration and removal of furniture, installation of touchless devices and hand sanitizer stations, enhanced cleaning protocols, etc.)
- ★ Identify resource needs and supply chains to purchase Personal Protective Equipment ("PPE"), hand sanitizer, disinfecting wipes, and cleaning supplies.
- ★ Establish protocols for responding to positive COVID-19 tests (screening, contact tracing, social distancing, cleaning, etc.)
- ★ Develop policies both proactive and responsive in support of mitigating the spread of COVID-19
- ★ Design employee training
- ★ Establish continuous communication channels regarding safety measures and expectations.

To address the core principle of the health and well-being of our students, teachers, staff, vendors, and essential visitors, safety measures were developed in alignment with local, state, and federal guidelines. The health measures outlined in the SRCSP are required of all members of the school community.

2022-23 SCHOOL CALENDAR

Use [this link](#) to access the La Salle Middle School 2022-2023 school calendar.

INSTRUCTION

Full return in-person, traditional instruction five days a week. Students will follow their regular class schedule, but efforts will be made to minimize contact and social mixing during school hours to include:

- ★ staggering passing times
- ★ minimizing the amount of daily passing periods (block scheduling)
- ★ staggering breakfast and lunch periods
- ★ grouping students in cohorts

- ★ If the school is temporarily closed due to a health emergency, teachers will use the school's Virtual Learning Plan (AMI) to communicate class assignments to students. The Virtual Learning Plan meets the state requirements with the first day of school on August 23, 2021, per the approved Board of Directors adopted school calendar.

- ★ The Virtual Learning Plan for 2022-23 is designed for those situations in which all, or parts, of the school have to pivot from an in-person approach to instruction to a remote learning approach to instruction. The plan is divided into sections based on staff function and the needs of students.

- ★ Learning loss is being addressed through small group instruction with tutors and intervention plans, personalized learning, and implemented research-based instructional strategies. We are expanding our tutoring options, socio-emotional learning plan, and enrichment opportunities for all students, including students with special needs.

- ★ Socio-emotional learning (SEL) activities will be woven into lessons across all content areas from math to art. Weaving social-emotional tools into classroom lessons and activities will help to support students both emotionally and academically as the 2022-23 school year begins, helping them better absorb and process the learning taking place in the classroom.

As we work together to ensure the best academic and socio-emotional experience for students receiving instruction virtually, parents/guardians will be expected to:

- ★ monitor the school's and or teacher web pages for up-to-date information regarding virtual learning resources
- ★ ensure that your child knows their usernames and passwords for instructional resources
- ★ ensure your child is participating in virtual learning instruction
- ★ maintain communication with teachers, administrator(s), and the school counselor
- ★ engage your child in conversations regarding assignments, homework, class activities, etc.
- ★ encourage your child to contact the school counselor if he/she is experiencing any emotional or mental challenges. Also, review the list of resources in the Counselor's Corner with your child.

Due to the contagious nature of COVID-19, parents should be prepared for unplanned school closures deemed necessary by health professionals that will range from two to ten days. When this occurs, all students will continue learning virtually with their classroom teacher(s) for a predetermined amount of time for each subject.

Should we have to transition all students to virtual learning, teachers will have consistent contact with students. Students will be held accountable for their work, and regular feedback will be provided. Students will also follow a consistent

schedule/routine that includes regular live contact with teachers. Teachers will provide instructional resources and materials through digital learning means via Google Hangouts and Google Classroom.

MOCAP/Virtual Learning

Eligible students may enroll in virtual courses offered through the [Missouri Course Access Program](#) (MOCAP). La Salle will accept all grades and credits earned through School sponsored virtual instruction and MOCAP. Students taking courses virtually are subject to all policies and procedures applicable to students enrolled in traditional courses, including, but not limited to, the Acceptable Use Policy, discipline code of conduct, academic dishonesty, discrimination, harassment, bullying, and cyberbullying.

HEALTH AND SAFETY - AT A GLANCE

Preventing the spread of germs has always been a priority for schools, and schools are accustomed to encouraging regularly scheduled and thorough handwashing, the use of hand sanitizer, disinfecting surfaces, and screening for sick children. Recommendations for increased handwashing, social/physical distancing, and the use of face masks are considerations for the 2022-23 school year. Below you will find La Salle's responsive steps for adhering to the health and safety considerations.

Vaccinations

We recommend families consider the vaccine for their children. The COVID-19 vaccine is the best way to prevent contracting the novel coronavirus and experiencing severe symptoms.

Staff Vaccinations

La Salle supports its staff members seeking to be vaccinated against COVID-19. Information regarding mass vaccination events for staff is regularly shared, and the Board of Directors approved a policy strongly encouraging all staff to be vaccinated on January 27, 2021.

Staff Health Screenings

If a staff member is exhibiting any symptoms, they must stay at home and follow up with their physician.

Student Health Screenings

If your child(ren) exhibits any of the symptoms below, do not send your child(ren) to school and contact their physician or the St. Louis Department of Health at (314) 612-5100 for additional guidance.

- ★ A fever of 100.4 or higher, or a sense of having a fever.
- ★ A cough that cannot be attributed to another health condition.
- ★ Shortness of breath that cannot be attributed to another health condition.
- ★ The recent loss of any sense of smell or taste.
- ★ Muscle aches or pains that cannot be attributed to another health condition or that may have been caused by a specific activity (such as physical exercise).
- ★ A sore throat that cannot be attributed to another health condition.
- ★ Chills or repeated shaking with chills.

- ★ A headache that cannot be attributed to another health condition.

Arrival and dismissal procedures

Parents should become familiar with the school's drop-off and dismissal procedures. The complete process can be found on the school's website, and parents will receive an email notification to download the SchoolPass app to their smartphones if they have not done so already.

Cohorting

Cohorting is the grouping of a certain number of students to stay together for the school day. When feasible, cohorting is used to mitigate the possible spread of the virus that causes COVID-19. The school will make every effort to limit students' movement while in the school building. This means each grade level of students will be divided into smaller cohorts. The cohorts of students will travel together from classroom to classroom to minimize or possibly eliminate the possible widespread of COVID-19.

Face Coverings

Face coverings will be recommended for all students, teachers, staff, and essential visitors. Students will be offered cloth face masks each day upon entry into the school building.

Gloves

Nurses, Physical/Occupational Therapists/Speech Therapists/ Psychologists/Administrators, and Teachers providing direct care for students with physical and health concerns will be required to wear gloves based on best practices. Janitorial staff will also wear gloves daily when cleaning and disinfecting.

Handwashing and Sanitizing

Hand sanitizer stations will be located in hallways and high-traffic areas of the school. All classrooms and offices will also be provided with disinfectant wipes and hand sanitizer. Posters will also be displayed throughout school buildings to reinforce the STL-DOH and CDC recommendations for best-practice handwashing.

Respiratory Etiquette

Respiratory etiquette keeps respiratory droplets and viral particles in schools low and is another great way to keep schools operating safely.

- ★ Staff and students are reminded to cover their coughs and sneezes.
- ★ Signage is posted throughout the building about covering your coughs and sneezes. They provide good reminders for students and staff to practice good respiratory etiquette.
- ★ Additionally, all classrooms and offices will be equipped with tissue, hand sanitizer, and disinfectant wipes to reinforce good respiratory etiquette.

When a staff person is identified with symptoms

The individual will be removed from the general population immediately. If they are medically stable, they will be sent home immediately. If they are not stable, a member of the LSCS administration will call 911. The individual will be advised to contact their healthcare provider if they exhibit symptoms or answered

YES to any of the daily self-assessment Health Screening Assessment. The healthcare provider will determine whether the symptoms result from COVID-19 infection or if there are other health issues.

When a student is identified with symptoms

The student will be removed from the general population immediately. If the student is not medically stable, staff or school health officials will call 911. Only trained staff should provide lifesaving care (e.g., CPR).

The school health official will contact the student's parents as soon as possible. If medically stable, the student will be monitored while in isolation until their parent/guardian can pick them up.

When a student/staff tests positive for COVID-19

When a student or staff member tests positive, LSCS will utilize contact tracing methods, including the daily wellness check and seating charts, to determine who has been in contact with that individual within a six-foot space for more than 15 minutes. LSCS will use this information to decide to what extent other school community members must be quarantined or how we will implement "test-to-stay" protocols, detailed below.

Test-to-stay

Keeping our students safe and in school is our top priority. We have learned a great deal over this past year, and our current guidance and procedures reflect the most updated recommendations from the CDC, Missouri Department of Health and Senior Services, and the City of St. Louis Department of Health.

For the 2022-23 school year, we are offering an extra layer of protection to prevent the spread of COVID-19, a COVID-19 testing program at school. This program has two components:

1. symptomatic testing for students who show symptoms of COVID-19 at school
2. test and stay for students and staff regardless of vaccination status who are identified as close contacts (within 6ft of a COVID-positive individual for 15 minutes or more) can continue to attend school if certain criteria are met.

Each of these is a quick, non-invasive nasal swab or saliva sample collected under the supervision of a trained staff person.

Students only participate with permission from a parent or guardian. Below we describe the testing program and how they are conducted.

- ★ The close contact does not include household exposures (i.e., exposures among persons who live in the same household). There may be other similar higher-risk exposures where

a test to stay would not be recommended. The final decision regarding the inclusion in Test to Stay is at the discretion of the La Salle Charter Schools, Inc., based on the findings of the case investigation.

- ★ Does not develop symptoms of COVID-19 throughout the full duration of the quarantine period (10 days past the last date of exposure to the case).
- ★ Wears a mask consistently and correctly in school during their quarantine period (10 days past the last date of exposure to the case), other than when eating or drinking. When these individuals cannot be masked (i.e., when eating or drinking), they should maintain 6 feet of distance from other individuals to the extent feasible.
- ★ Receive a minimum of three rapid antigen tests (e.g., BinaxNOW) during the first seven (7) days of the quarantine period per the following:
 - ★ Test One: Upon identification as a close contact (unless already participating in a screening testing program); AND
 - ★ Tests Two and Three: A minimum of two additional rapid antigen tests, preferably on two non-consecutive school days within the first seven days of the quarantine period. For example: a contact identified as a close contact on day 2 of quarantine would be tested on day 2 (Wednesday); day 4 (Friday), and day 7 (Monday); AND
- ★ The testing is conducted upon entry to school and negative results are received before return to the K-12 setting.

A person who tests positive for SARS CoV-2 during their quarantine period must isolate and obtain clearance from their medical provider before returning to school for in-person learning.

- ★ Participation in extracurricular activities will be stopped during the 10 day period.
- ★ Receive negative test results from COVID-19 testing conducted throughout the duration of the 10-day quarantine period.
- ★ Active monitoring of persons participating in test-to-stay for symptoms is conducted by the school throughout the duration of the 10-day quarantine period, and persons should self-isolate at home if symptoms develop.
- ★ All persons participating in the test-to-stay must quarantine outside of the school setting.

A person with COVID-19 can spread the SARS-CoV-2 virus to others starting from two days before they have any symptoms (or, for asymptomatic patients, two days before the positive specimen collection date), until they meet the criteria for ending isolation. Therefore, persons can be infected with SARS-CoV-2 and spread the virus to others without having symptoms or knowing they are infected.

LSCS will consult with local public health agencies to report confirmed cases of COVID-19. In the case of multiple positive tests in the LSCS community, LSCS will work with local public health agencies to determine a course of action.

LSCS will consult with local public health agencies to determine when persons infected with COVID-19 should be allowed to return to school. Currently, the minimum is five (5) days when a person is COVID-positive. Review the City of St. Louis Infectious Disease Control Administrative Guidelines and Procedures and Exclusion Guide for other infectious diseases.

Contract Tracing

In the event there is a positive case, these are the steps that our COVID Response Team will take:

1. The C.A.R.E. Team will be notified of the positive case (by the Department of Health, the principal, the executive director, families, etc.).
2. The C.A.R.E. Team will gather information from the positive individual and contact those who have possibly been exposed to determine whether there has been a “close contact”* (within 6 feet for 15 minutes or more, with or without masks, per the current CDC guidelines for determining close contacts).
3. Should the need arise to quarantine (i.e., if the C.A.R.E. Team determines that there was a “close contact”), the principal and Contact Tracing Team will notify persons involved of the need to quarantine for a time period to be determined by the Contact Tracing Team pursuant to current CDC and STL-DOH guidelines.
4. If a teacher is impacted, the principal will work with the teacher to communicate virtual instruction or other contingency plans with the class and their families.
5. If the principal is impacted, the executive director will designate a communications process to keep staff and parents informed as needed.

CLEANING PROTOCOLS AND DISINFECTION

Building Operations and Cleaning and Disinfecting

The Centers for Disease Control and Prevention (CDC) has provided information regarding cleaning and disinfecting the school building and other areas. These guidelines can be found at:

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

A few basic recommendations from the CDC that we support include:

- ★ Wear disposable gloves to clean and disinfect.
- ★ Clean surfaces using soap and water, then use disinfectant.
- ★ Cleaning with soap and water reduces the number of germs, dirt, and impurities on the surface. Disinfectant kills germs on surfaces.
- ★ Practice routine cleaning of frequently touched surfaces.
 - More frequent cleaning and disinfection may be required based on the level of use.
 - Surfaces and objects in public places should be cleaned and disinfected before each use.
- ★ High-touch surfaces include tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.
- ★ Disinfect using EPA-registered household disinfectant (<https://www.epa.gov/pesticideregistration/list-n-disinfectants-use-against-sars-cov-2-covid-19>), properly diluted bleach solutions, or alcohol solutions with at least 70% alcohol.

Hand sanitizing stations have been purchased and dispersed throughout the school to allow students to sanitize their hands frequently. Plexiglass barriers will be installed in areas where frequent face-to-face interaction occurs (the Main Office, cafeteria, etc.).

There have also been enhanced coordination efforts with our contracted cleaning service to provide additional day custodians to ensure we meet the need for additional sanitizing and cleaning. In addition to routine cleaning standards,

custodial staff will disinfect all commonly touched surfaces and regularly use electrostatic machines to conduct a deep cleaning and disinfecting of spaces from COVID-19 or flu-like germs.

Administrators, teachers, custodial and cafeteria staff have access to cleaning agents that all staff can use in between regular cleanings as needed.

REVIEW

This plan is reviewed by the school's C.A.R.E. team any time the St. Louis City Department of Public Health and the CDC update their COVID-19 health orders and recommendations but no less frequently than every six months. La Salle takes into account parent, staff, student, and community feedback related to this plan. The school's C. A. R. E (COVID Action and Re-Entry Education) Planning Team has been meeting since March 2020. This cross-functional team includes all members of the La Salle leadership team, teachers, the special education coordinator, counselor/homeless and foster care liaison, parents/families, students, and the La Salle Charter School Board of Directors. Additionally, the plan has been discussed at several Board of Director meetings. Anyone with questions or comments on this plan can be emailed to headofschool@lasallemiddleschool.org If you need or know someone who needs this plan translated or read to them, please contact the school's Main Office at 314.531-9820.